



September 2017

Middle/High School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Friday
<p>Charleston <small>excellence is our standard</small> County SCHOOL DISTRICT</p>				<p>1</p> <p>Chicken & Cheese Quesadilla w/Sriracha Ranch Sauce Corn & Black Bean Salad Pico de Gallo Fresh Plum</p>
<p>4</p>	<p>5</p> <p>Beef Nacho Bar w/ Queso Blanco Fiesta Corn Pico de Gallo Shredded Romaine, Sour Cream, Black Olives, & Jalapeños Fresh Carrot & Celery Sticks Red Apple</p>	<p>6</p> <p>Chicken & Waffles w/ Syrup Warm Cinnamon Apples Quinoa Salad Fresh Carrot & Celery Sticks Fresh Strawberries</p>	<p>7</p> <p>Salisbury Steak w/Gravy Garlic Mashed Red Potatoes Garlic Breadstick Steamed Broccoli Fresh Carrot & Celery Sticks Banana</p>	<p>8</p> <p>Chicken Parmesan: Over Rotini w/ Garlic Breadstick Or As a Chicken Parmesan Sub Romaine Side Salad Fresh Carrot & Celery Sticks Fresh Plum</p>
<p>11</p> <p>Orange Chicken Baked Fried Rice Fresh Broccoli & Carrot Sticks Fortune Cookie Fresh Orange</p>	<p>12</p> <p>Toasted Hormel Ham & Cheddar Sandwich Broccoli Soup Roasted Rosemary Potato Wedges Fresh Broccoli & Carrot Sticks Red Apple</p>	<p>13</p> <p>Meatball Marinara: Over Rotini w/ Garlic Breadstick or As a Meatball Sub Romaine Side Salad Fresh Broccoli & Carrot Sticks Fresh Strawberries</p>	<p>14</p> <p>Baked Chicken Tortellini Salad Romaine Side Salad Fresh Broccoli & Carrot Sticks Banana</p>	<p>15</p> <p>Glenview Farms Cheddar Burger Corn on the Cob Homemade Pickles Fresh Broccoli & Carrot Sticks Fresh Plum</p>
<p>18</p> <p>Teriyaki Chicken Baked Fried Rice Sliced Cucumber & Grape Tomatoes Fortune Cookie Fresh Orange</p>	<p>19</p> <p>Bacon Alfredo w/ Rotini & Grilled Chicken Romaine Side Salad Garlic Breadstick Sliced Cucumber & Grape Tomatoes Red Apple</p>	<p>20</p> <p>Brookwood Farms Pulled Pork BBQ (choice of Mustard or BBQ Sauces) Macaroni Salad Sliced Cucumber & Grape Tomatoes Fresh Strawberries</p>	<p>21</p> <p>Homemade Macaroni and Cheese Broccoli Salad Sliced Cucumber & Grape Tomatoes Banana</p>	<p>22</p> <p>Chicken & Cheese Quesadilla w/Sriracha Ranch Sauce Corn & Black Bean Salad Pico de Gallo Fresh Plum</p>
<p>25</p> <p>Brunch: Scrambled Cheese Eggs Bacon or Sausage Biscuit or Grits Warm Cinnamon Apples Fresh Carrot & Celery Sticks Fresh Orange</p>	<p>26</p> <p>Beef Nacho Bar w/ Queso Blanco Fiesta Corn Shredded Romaine, Shredded Cheese, Sour Cream, Black Olives, & Jalapeños Fresh Carrot & Celery Sticks Red Apple</p>	<p>27</p> <p>Chicken & Waffles w/ Syrup Warm Cinnamon Apples Quinoa Salad Fresh Carrot & Celery Sticks Fresh Strawberries</p>	<p>28</p> <p>Salisbury Steak w/ Gravy Garlic Mashed Red Potatoes Garlic Breadstick Steamed Broccoli Fresh Carrot & Celery Sticks Banana</p>	<p>29</p> <p>Chicken Parmesan: Over Rotini w/ Garlic Breadstick Or As a Chicken Parmesan Sub Fresh Carrot & Celery Sticks Fresh Plum</p>

SCHOOL NEWS

Offered Daily with Fresh Cut Vegetables:

Homemade Ranch, Homemade Honey Mustard, Hummus, and

Pimento Cheese

Also Available Daily:

Chicken Smackers

Charleston Chicken Sandwich: (Spicy & Original)

Cheeseburger

Personal Pan Pizza: (Cheese, Pepperoni or Specialty)

Chicken Wings (Coming Soon!)

*Asian Line

*Calzone

*Not Available in All Schools

Garden Salad w/
Grilled Chicken & Cheese

PB&J w/ Cheese Stick

Lunch Meal Price:

K-12 \$2.25

Reduced \$.40

Premium \$3.50

Adult \$3.75

Milk \$.50

Nutrition Services

Charleston County

School District

843-566-8180

White and chocolate milk and a variety of fresh seasonal fruits and vegetables are offered daily in addition to the items listed.

CCSD is an equal opportunity provider and employer.

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www.ccsdschools.com